

nutrition final exam questions pdf

1. According to the Dietary Guidelines, the food groups to encourage are... Fruits, Vegetables, low fat milk, whole grains
2. The acronym RDA stands for Recommended Dietary Allowance
3. All other things being equal, what effect does inc your blood HDL conc have on your risk of developing atherosclerosis? It decreases the risk
4. As a product of lipid digestion, glycerol and short-chained fatty ...

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In adults, low dietary intake of vitamin K may be the result of chronic illness, malnutrition, alcoholism, multiple abdominal surgeries, long-term parenteral nutrition, malabsorption, gallbladder disease, liver disease, cystic fibrosis, inflammatory bowel disease, and long-term use of drugs such as antibiotics and cholestyramine, which binds to ...

Nutrition Practice Test Questions - Test Prep Review

During the past few months you have undergone a course on food nutrition, preparation, storage and selection and it is now time for the final exams. The questions below are designed to ensure that you pass the upcoming exam without breaking a sweat. Give them a try and all the best!

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